



## Health and Safety Policy Statement

*"Ichthus Canoe Club Chesterfield is strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability, and expect our members to participate within these boundaries."*

## Health and Safety Policy

To support our Health and Safety Policy Statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the Club premises and all activities undertaken by the Club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependent on age, maturity and development.
- Ensure that all members are aware of, understand and follow the Club's health and safety policy.
- Appoint a competent Club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any Club activity or whilst on the Club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

As a Club member you have a duty to:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the Club on health and safety issues.
- Correctly use all equipment provided by the Club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

This policy is reviewed annually.

Date of last review: N/A

# Club Health and Safety Officer

Philip Spackman

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## First Aid

**Location of first aid facilities:** Designated First Aider assigned on each session

**Location of telephones:** Leader of the activity or Designated First Aider on session.

**Qualified first aiders:** The Club retains a list of all current first aiders. All activities must be supported by at least one first aider complying with British Canoeing first aider requirements.