



2018 – 2019 CLUB INFORMATION

ABOUT THE CLUB



Ichthus Canoe Club supports the community by offering a wide range of fun and exciting activities on the water. From your first steps in a canoe or kayak, to adventures away canoe camping in the Scottish Highlands or experiencing the thrill of

whitewater in a kayak, we're here for you.

WHO IS THE CLUB FOR?

We cater for all ages and abilities, from those who wish to learn, to those who just wish to meet fellow paddlers. We welcome all ages groups both male and female. All we ask is that you are medically fit to take part in canoeing, and can swim at least 50 metres in light clothing.

In other words – it's for you!

CLUB FACILITIES

We have a wide range of boats, including canoes (solo, tandem and whitewater), kayaks (kids', adults', and some specialty ones to try). We can also provide all the necessary kit, including paddles, helmets, buoyancy aids, spray decks, and splash-proof tops.

Our focus is on FUN in a SAFE environment

WHAT'S ON OFFER?

POOL SESSIONS

We offer swimming pool sessions throughout the year, on the first and third Saturday of the month October to March, and first Saturday only during summer. This is the perfect opportunity to learn the basics, learn to roll ('Eskimo roll'), try different boats, and have fun in a warm, safe environment.

The sessions are held from 7.00 pm to 8.30 pm at Sharley Park Leisure Centre, Clay Cross. Fully adjustable kit is available within the cost, as is skill/technique coaching.

OUTDOOR TRAINING SESSIONS

Keep your eyes peeled in the New Year as we'll be offering a new programme of weekend sessions to suit varying abilities, based around the new British Canoeing Personal Performance Award scheme. These will be half day or day sessions, based either on the Chesterfield Canal or on a nearby river.

SUMMER OUTDOOR EVENING SESSIONS

Over the course of the summer (April-September) we offer an outdoor session every Thursday evening.

Our 'home water' is the River Derwent in Matlock, where you can take your skills to a real river environment, and learn the basics of whitewater paddling. We also offer sessions once a month on flat water, and once a month somewhere more exciting.

TRIPS AND WEEKENDS AWAY

We run regular trips throughout the year, ranging from an 'all ability' flat water trip, to exciting whitewater paddling. We also offer several longer trips away each year. These could be anything from a weekend in the Lake District, to a multi-day canoe camping adventure to Scotland.

MEMBERSHIP OPTIONS

Adult (British Canoeing member)	£17.50
Adult (non BC member)	£25.00
Child – under 16 (BC member)	£10.00
Child – under 16 (non BC member)	£15.00
Family rate (2 people)	£30.00†
Additional family member	£10.00†
† £2.50 affiliation fee per person for non BC members	
Social (non-paddling) member	£5.00

BC = British Canoeing, our National Governing Body

CLUB SESSION COSTS

POOL SESSIONS

£7 (adult)
£6 (under 16)
£9 (come and try)

OUTDOOR SESSIONS

£1 (adult / under 16)
£3 (come and try*)
+£3 kit hire available

*you can 'come and try' up to 3 sessions before deciding to join the club



MORE INFO / JOIN

ichthuscanoeclub.co.uk

'Ichthus Canoe Club'

canoejmc@gmail.com

