

Ichthus Canoe Club Chesterfield



SESSION INFORMATION - CANAL

GENERAL INFORMATION

TIME	3 rd Saturday of the Month (see programme for dates), 1.00pm – 3.00pm
LOCATION	usually Tapton Lock, Lockoford Lane, Chesterfield, S41 7JB (see overleaf for map) <i>Note that we meet on the opposite side of the road to the visitor centre</i>
COST	Club members: £1.00 Come and try: £2.00* Kit hire: £3.00 (for as much or as little as you like)

**you can 'come and try' any 3 club sessions before deciding to join the club, with all coaching and supervision provided*

WHAT DO I NEED?

- Clothing to suit the weather (warm layers, fleece etc on colder days / shorts & t-shirt might be fine on warmer days!)
- Suitably sturdy footwear (old trainers, wetsuit boots etc)
- A splashproof top (available from club if required)
- Change of clothes + towel for at the end
- Drink + snacks
- A nose clip is useful, but not essential – these are around £7 - £10 from watersports shops.
- If needed, boats, paddles and spraydecks will be available from the club
- A NOTE ON WETSUITS – these are designed to work best when they are wet, so great if you plan on falling it lots, but otherwise we'd recommend warm layers and a splashproof top

WHAT SHOULD I EXPECT?

Canal sessions are the perfect place to start and is an excellent venue to learn the basics in a canoe or kayak. There are also possibilities for coaches to run games and challenges for those who want them, and for more experienced members to enjoy a journey on the canal.

BORROWING A CLUB BOAT AND PADDLE

Those who need to borrow club kit can do so by meeting at our club HQ (AKA 'The Farm', High Farm Boarding Kennels, Unstone Road, Chesterfield, S41 9QS – see overleaf for map) at **12.30pm** to collect appropriately sized kit and help to load it onto the trailer. You should also expect to go to the farm afterwards to help unload.



LOCATION MAPS

TAPTON LOCK:



FARM:

